# NORTHWESTERN UNIVERSITY FEINBERG SCHOOL OF MEDICINE DEPARTMENT OF SURGERY POLICIES & PROCEDURES

# **Transitions of Care Policy**

Updated October 2022

## **PURPOSE**

To establish an orderly protocol for transitions in patient care

#### PERSONS INVOLVED

Residents, Faculty, Program Director, and Night Float TEC.

#### **PROCEDURES**

Every day of the year, there will be a formal hand-off process between the day teams and the night team. This process will start at 6am in the morning and anytime after 6pm in the evening.

#### **General Surgery and Specialty Services**

**Monday** – **Friday:** The sign out process between the daytime resident teams and night float teams will take place each day between 6:00 am - 7:00 am, and 6:00 pm - 7:00 pm on weekdays. Tasks and issues to be signed out to the night team must be reviewed with the senior resident prior to signing out. Senior residents should ensure that tasks left for the night service are appropriate and all predictable major issues have been highlighted including action plans. The floor and consult pagers for the primary services will be signed out to the covering night float intern.

**Saturday – Sunday, Holidays:** On weekends and holidays, the morning sign out process from the night float team to the weekend rounding residents from the primary team will take place between 6:00 am - 7:00 am Saturday morning. The weekend/holiday rounding residents will complete all rounding and patient care activities then sign out to the Saturday coverage team. The Saturday coverage team will sign back out to the weekend/holiday rounding residents for the primary services between 6:00 am - 7:00 am Sunday morning. The weekend rounding residents for the primary services between 6:00 am - 7:00 am Sunday morning. The weekend rounding residents will complete all rounding and patient care activities then sign out to the Sunday coverage team. The Sunday day coverage team will sign out to the night float team between 6:00 pm - 7:00 pm Sunday evening.

Residents are generally required to be physically present for the sign-out process. Handoffs should occur in a separate quiet space. For nighttime and morning sign-out at Northwestern Memorial Hospital the sign out process will occur in the Surgical Resident Library, Feinberg 6-275. Residents must sign out patients to the night float residents before they are free to leave for the day. Surgical ICU sign-out occurs in the SICU. At Lurie Children's Hospital, the sign out process will occur at the 21st floor conference room. At the VA Hospital the sign out process will occur in Room 4637 on 4E. At Stroger Hospital, the sign out process will occur in the Trauma Resuscitation area.

## Transitions in level of care

In addition to hands-offs between night and day teams, a formal hand-off process will occur when patients are transitioning between the operating room and ICU as well as between the ICU and floor. On arrival to the ICU the operative residents must directly communicate pertinent sign out information to either the intern receiving the patient, the PGY-2 in the SICU or the critical care fellow. Sign out information must include at a minimum attending surgeon responsible, operation, current monitoring/access, airway/ventilator plan, any operative issues, and potential issues to watch for based on operative findings.

When a patient transitions from the ICU to the floor, it is the responsibility of the resident directly caring for the patient to contact the receiving team to provide sign out.

# <u>Training</u>

Residents should utilize the I-PASS BATON framework for hand-offs. No resident is permitted to participate in sign-out until they have completed formal hand-off training and have been assessed and approved to sign-out by an attending. This training and assessment occurs during intern boot camp. Actions discussed at sign-out must be reviewed by a senior resident for appropriateness.

- I: Intro Identify your role and job
- P: Patient Patient name, identifies, age, sex, location
- A: Assessment chief complaint, vital signs, symptoms, & diagnosis
- S: Situation Communicate current status & circumstances
- Safety Concerns Critical lab values & reports? Social economic factors? Allergies or alerts?
- B: Background identify comorbidities, previous episodes, current meds and family history
- A: Actions What actions were taken/required; provide rationale
- T: Timing Level of urgency; include timing & priority of actions
- O: Ownership Who is responsible, including patient & family

N: Next - Plan of action; any time critical actions needed?

## Transitioning Due to Fatigue or Illness

Recognizing limitations and signs of fatigue is of upmost importance for our residents' wellbeing and for the quality of care that we provide to patients. McGaw offers online resources outlining these signs and resources to support trainee wellness. If a trainee or a colleague notices signs of fatigue or illness, they should notify the chief resident on the service, administrative chief residents, service TEC (listed below) and the Program Director. Those individuals will then assist with finding coverage for the day, including pager coverage, and assist in handling the safe transition of patients. If any issues arise during transition of care, please contact the Program Director directly with specific concerns.

Transitions of Care Policy Page 2 of 3 Trainees that are assessed to be unfit for duty will be instructed to go home as soon as possible. If the trainee feels too fatigued to travel home safely, they should utilize a call room to rest prior to leaving the hospital. Residents should also utilize safe travel options like public transportation or ride sharing options if they are too tired to drive home.

The Program Director or other program leadership are expected to check in with fatigued trainees prior to their start on service the following day to reassess their fitness for duty.

Rotation Name	TEC
Bethke Apprenticeship	Dr. Kevin Bethke
Blue	Dr. Daniel Davila
Breast	Dr. Nora Hansen
CDH Oncology	Dr.
CDH Vascular	Dr. Sheraz Qureshi
Colorectal	Dr. Vitaliy Poylin
County Trauma	Dr. Matt Kaminsky
Endocrine	Dr. Dina Elaraj
GI / MIS	Dr. Eric Hungness
Lurie Children Pediatrics	Dr. Rashmi Kabre
Mueller Apprenticeship	Dr. Kyle Mueller
Night Float	Dr. Anne Stey
Plastic	Dr. Jason Ko
Surgical ICU	Dr. Leah Tatebe
Surgical Oncology	Dr. Ryan Merkow
Thoracic	Dr. David Odell
Transplant	Dr. Derrick Christopher
Trauma/ES	Dr. Michael Shapiro
VA Gen Surg	Dr. Abby Tarbox
Vascular	Dr. Karen Ho